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Ayurved seva sangh ayurved mahavidyalaya & Arogyashala Rughalaya Nashik

Department of Prasutitantra & Stree roga

We are following all New initiatives taken which are administered in uttarbasti and Garbhsanskara.

Department of prasutitantra & striroga is always keen to adopt new techniques. we have always tried to introduce new techniques and methods. it has been summarized as below.

1. Uttarbasti-

Intrauterine uttarbasti is an important panchakarma treatment procedure for genitourinary disorders in females. medicated ghee, oil or decoction is administered through the vaginal tract.

This procedure is conducted on the 5th 6th and 7th dya of menses when menstrual blood flow stops followed after anuvasan basti and niruh basti.

New initiatives in uttarbasti-

1. Before Procedure Consent Is Taken.
2. Procedure Done In OT.
3. For Procedure Sterile Instruments Are Used.

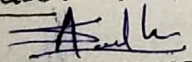
2. Garbhasanskar-

Department of prasutitantra & striroga organize weekly garbhasanskar session for one hour which includes around 30 to 40 patients in each sessions. in garbhasanskara sessions we focus on physical, mental and social well being of pregnant women.

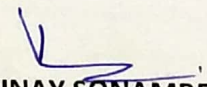
From year 2022 we took new initiative in garbhasanskara sessions like we focus on -

1. Mental weakness and its impact during pregnancy .
2. We are agthering our patients on on social platform for our hospital activity and give them update and guidance of exercise, diet, mental health and various activities.
3. We arrange monthly guest lectures of various faculties.
4. We are providing prenatal, antenetal, postnatal ayurvedic guidance to our patient by giving information of all types of paricharyas.

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