

A.S.S. Ayurved Mahavidyalaya, - Arogyashala Rugnalaya-
Nashik



Department of Shalakyatantra


New initiatives in Kriyakalpa


Department of Shalakyatantra is always keen to adopt new techniques. In Kriyakalpa also we have always tried to introduce new techniques and methods. It has been summarized as below.

- For Tarpna we use Tarpna goggles.
- For all Kriyakalpa we use Electric steamer.
- During Shirodhara we use meditation music.
- For the different disease we use fresh swarasa, medicated oil, & medicated ghrut from our Department of Rasashastra & bhaishajyakalpana.
- For karnapurana & Nasya we use sterile dropper which helps during this kriyakalpa.
- We started "Netradhara" with different fresh swarasa, kwath medicated oil & medicated ghrut in our OPD for various Diseases of eye.

Apart from regular use of Kriyakalpa on patients, the institute has taken initiative for its training to students and practitioners.

- A] The faculty of Shalakyatantra department was involved in the practical training. It included demonstration of kriyakalpa like nasya, tarpan, karnapurana and shirodhara etc.
- B] The faculty of Shalakyatantra are regularly engaged by AYUSH department for training of practitioners of NRHM in the field of Kriyakalpa.
- C] The faculty of Department Shalakyatantra are routinely invited for expert lecture on kriyakalpa in various programmes and seminars.


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