

A.S.S. AYURVED MAHAVIDYALAYA, NASHIK
ONGOING / COMPLETED Research Projects

| Sr.No. | Year | Clinical Trial drug / Title of the study | Name of the Investigator / Post Graduate Scholar / Ph.D. Scholar | Designation | Department / name of the guide | Completed / Ongoing |
|--------|--------|--|--|-------------|--------------------------------|---------------------|
| 1 | Jan-12 | Arthritis | Dr. Shishir Pande | TEACHER | | Completed |
| 2 | Mar-12 | Navaratna Oil | Dr. Shishir Pande | TEACHER | | Completed |
| 3 | Mar-14 | Dabur Hepano Tablet | Dr.Abhay Kulkarni | | | Completed |
| | | | Dr.Shishir Pande | TEACHER | | |
| 4 | Jul-14 | Dabur Ratnaprash | Dr. Shishir Pande | TEACHER | | Completed |
| 5 | Mar-15 | Dabur Stondab | Dr.Santosh Pathak | TEACHER | | Completed |
| 6 | Mar-15 | Zandu Junior Balm | Dr. Shyam Nagpure | TEACHER | | Completed |
| 7 | May-15 | PS/Mar/HO-1 Oil | Dr.Suchita Pande | TEACHER | | Completed |
| 8 | May-15 | Dalzbone | Dr.Pankaj Dixit | TEACHER | | Completed |
| 9 | May-15 | Elcox | Dr. Shishir Pande | TEACHER | | Completed |
| 10 | May-15 | Aroma Oil | Dr. Varsha Sadhale | TEACHER | | Completed |
| 11 | Jul-15 | Topical Formulation for Headache | Dr. Shishir Pande | TEACHER | | Completed |
| 12 | Jul-15 | Topical Formulation for Backache | Dr. Shishir Pande | TEACHER | | Completed |
| 13 | Dec-15 | Dabur Ratnaprasha Sugar Free | Dr. Shishir Pande | TEACHER | | Completed |
| 14 | Jan-16 | Saunfbhara | Dr. Shishir Pande | TEACHER | | Completed |
| 15 | Aug-16 | Hair Oil | Dr. Unavekar Anagha | TEACHER | | Completed |
| 16 | Aug-16 | Pre-clinical Safety Toxicity Study of DCL-2016 | Dr. Shishir Pande | TEACHER | | Completed |
| 17 | Aug-17 | Mahasaraswati Vati | Dr. Shishir Pande | TEACHER | | Ongoing |
| 18 | Oct-16 | Arthrohills | Dr. Shishir Pande | TEACHER | | Completed |
| 19 | Dec-16 | Ayuvigo Fort | Vd. Devdatta Deshmukh | TEACHER | | Completed |
| 20 | Dec-16 | Ayuartis | Dr. Shishir Pande | TEACHER | | Completed |
| 21 | Dec-16 | JPT-25 | Dr. Shishir Pande | TEACHER | | Completed |
| 22 | Jun-17 | Ayulite | Dr.Abhay Kulkarni | | | Ongoing |
| 23 | Jul-17 | Ayulite | Dr.Shishir Pande | TEACHER | | Ongoing |
| 24 | Jul-17 | Ayucid | Dr.Shishir Pande | TEACHER | | Completed |

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| 25 | Aug-17 | Hair oil | Dr.Tejaswini Nade | TEACHER | | Ongoing |
| 26 | Aug-17 | Ayurin Plus | Dr.Santosh Pathak | TEACHER | | Ongoing |
| 27 | Jan-18 | Ayuosmo | Dr.Rajan Kulkarni | TEACHER | | Ongoing |
| 28 | Jan-18 | Millenium Panchavalkal and Healz Spray for Diabetic Foot | Dr.Santosh Pathak | TEACHER | | Ongoing |
| 29 | Mar-18 | JTV Cough Syrup | Dr.Rajan Kulkarni | TEACHER | | Ongoing |
| 30 | Mar-18 | Panchendriya Vardhan Tail | Dr. Savita Kulkarni | TEACHER | | Ongoing |
| 31 | Feb-18 | WEL-PSO-01 | Dr.Abhay Kulkarni | | | Ongoing |
| 32 | 2018 | An open labelled, Two armed, Prospective, Randomized controlled, Phase I, Antimicrobial study to evaluate efficacy and safety of Sushrutokta Rakshoghna Dhoopa as Sterlizing agent(dhoopan) and room purifier | Vd. Sheetal Chavan | TEACHER | | Ongoing |
| 33 | 2018 | An open labeled ,Two armed,Prospective Randomized Controlled,Phase 2, clinical study to evaluate Nutritional & Health care value of Ayurvedic Biscuit in Children. | Vd. Sheetal Chavan | TEACHER | | Completed |
| 34 | 2018 | A PROSPECTIVE , RANDOMISED CONTROLLED CLINICAL STUDY TO EVALUATE THE SAFETY AND EFFICACY OF AYURVEDIC CIGARETTE IN SMOKERS | Vd. Sheetal Chavan, Vd. Varsha Sadhale, Pradnya Bedankar | TEACHER | | Ongoing |
| 35 | 2015-16 | Comparative study of clinical evaluation of tab. Bhumyamalaki ghan and tab. Norfloxacin in the management of pittaj mutrakruchh w.s.r. to urinary tract infection | Nigal Nikita Sanjay | P.G. SCHOLAR | Kayachikitsa - Vd.E.G. Kulkarni | Completed |
| 36 | 2015-16 | To study the efficacy of sarjadi lepa in the management of padadari | Singhade Sapana Raoji | P.G. SCHOLAR | Kayachikitsa - Vd.R.B. Kulkarni | Completed |
| 37 | 2015-16 | Randomized perspective open label study to rule out shoola prashamana property of kanaka lepa in aamvata | Pawar Priyanka Sahebrao | P.G. SCHOLAR | Kayachikitsa - Vd.R.B. Kulkarni | Completed |
| 38 | 2015-16 | Study of the efficacy of kushmand vati in chronic kidney disease- stage 5 patients undergoing haemodialysis w.s.r. mutraghat | Goyal Anuradha Pawan | P.G. SCHOLAR | Kayachikitsa -Vd. E.G. Kulkarni | Completed |

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| 39 | 2015-16 | Phase-2, evaluate safety and efficacy of chitrakadi tail topical application on the patient suffering from darunaka(Dandruff) | Chavan Pravin Vishwas | P.G. SCHOLAR | Kayachikitsa - Vd.R.B. Kulkarni | Completed |
| 40 | 2018 | Clinical evaluation of effect of Vamana followed by Trikatu churna in the management of Sheetapitta w.s.r.t. Urticaria | Bhagyawant Ambika Ramchandra | P.G. SCHOLAR | Kayachikitsa - Vd.R.B. Kulkarni | Ongoing |
| 41 | 2018 | Interventional phase-2, clinical study to evaluate efficacy and safety of sadyavaman followed by pachan in navajwara | Hatkar Pradip Eknath | P.G. SCHOLAR | Kayachikitsa - Vd.R.B. Kulkarni | Ongoing |
| 42 | 2018 | Prospective phase-2, clinical study to evaluate the efficacy of dashmuladi yoga in the management of grudhrasi w.s.r. sciatica | Pillai Jagadish Shivdas | P.G. SCHOLAR | Kayachikitsa - Vd.R.B. Kulkarni | Ongoing |
| 43 | 2018 | Prospective phase II clinical study to evaluate efficacy of Vamana followed by Parijataka ghana vati orally in Prameha purvarupavastha w.s.r.t. Prediabetes. | Kshirsagar Ravindra Moreshwar | P.G. SCHOLAR | Kayachikitsa -Vd. E.G. Kulkarni | Ongoing |
| 44 | 2018 | Prospective phase II clinical study to evaluate efficacy of Vamana followed by aaragvadh ghana vati and edgajadi lepa in dadru w.s.r. to ringworm | Mandavkar Sheetal Sudhir | P.G. SCHOLAR | Kayachikitsa - Vd. E.G. Kulkarni | Ongoing |
| 45 | 2018 | A single arm phase II clinical study to evaluate the efficacy of Gambhari Ksheera Paka in the management of Sheeta Pitta w.s.r.t. Urticaria | Mane Deepak Ramrao | P.G. SCHOLAR | Kayachikitsa - Vd. E.G. Kulkarni | Ongoing |
| 46 | 2018 | Parallel group Open label Phase II clinical study to evaluate the efficacy of Madanadi Lepa and Pathyadi Lepa in Padadari w.s.r.t. Cracked heels. | Ubale Bharat Gowardhan | P.G. SCHOLAR | Kayachikitsa - Vd. R. B. Kulkarni | Ongoing |
| 47 | 2018 | A single arm phase II clinical study to evaluate the efficacy of Sinduradi taila topically in Pama w.s.r.t. Scabies | Kadam Umakaant Shivram | P.G. SCHOLAR | Kayachikitsa - Vd. R. B. Kulkarni | Ongoing |
| 48 | 2018 | A single arm phase II clinical study to evaluate the efficacy of Dhatryadi Lepa And Triphaladi Kashaya in the management of Sidhma Kushtha w.s.r.t Tania Versicolor | Gade Shivani Vilas | P.G. SCHOLAR | Kayachikitsa - Vd. R. B. Kulkarni | Ongoing |

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| 49 | 2018 | Comparative Phase II clinical study to evaluate the efficacy of Tab. Rubyclean and Tab. Takzema in the management of Vicharchika w.s.r.t. Eczema | Deshmukh Babasaheb Rangrao | P.G. SCHOLAR | Kayachikitsa - Vd. E.G. Kulkarni | Ongoing |
| 50 | 2015-16 | clinical evaluation of Narikela Lawana in Parinamshula w.s.r.t. Cholelithiasis | Aaditya Ekbote | P.G. SCHOLAR | Shalyatantra - Vd. V.R. Sonambekar | Completed |
| 51 | 2015-16 | Clinical evaluation of Arka Snuhi Malahara in dushta vrana w.s.r.t. Infected wounds | Kanchan Padwal | P.G. SCHOLAR | Shalyatantra - Vd. V.R. Sonambekar | Completed |
| 52 | 2015-16 | Clinical evaluation of Gugguladi vati in Arsha w.s.r.t. Hemorrhoids | Tejas Bhandge | P.G. SCHOLAR | Shalyatantra - Vd. Pankaj Dixit | Completed |
| 53 | 2018 | Effect of Pinda sweda, janu basti on Janusandhigata vata w.s.r.t. osteoarthritis of knee joint | Anuradha Jagtap | P.G. SCHOLAR | Shalyatantra - Vd. V.R. Sonambekar | Ongoing |
| 54 | 2018 | Comparative Clinical Evaluation of Ayurvedic Different Treatment modalities in Manyagata vata w.s.r.t. cervical spondylosis | Ayesha Awan | P.G. SCHOLAR | Shalyatantra - Vd. V.R. Sonambekar | Ongoing |
| 55 | 2018 | Clinical evaluation of combined effect of Pindasweda , Agnikarma and Physiotherapy on Avabahuka W.S.R to Frozen Shoulder | Ashwini Rathod | P.G. SCHOLAR | Shalyatantra - Vd. Pankaj Dixit | Ongoing |
| 56 | 2018 | A Comparative Clinical Study to evaluate the efficacy of Agnikarma by Rajat shalaka and Narayan tail Katibasti in the management of katigata vata W.S.R to Lumbar Spondylosis | Priyanka Borude | P.G. SCHOLAR | Shalyatantra - Vd. Santosh Pathak | Ongoing |
| 57 | 2018 | A comparative clinical evaluation of Samsharkara Churna with kankayan wati in the management of Arsha w.s.r.t. hemorrhoids | Shruti Shukla | P.G. SCHOLAR | Shalyatantra - Vd. V.R. Sonambekar | Ongoing |
| 58 | 2018 | A randomized controlled clinical trial of Laghu Shankha Drav in Mutrashmari w.s.r.t. Urolithiasis | Shital Bhawe | P.G. SCHOLAR | Shalyatantra - Vd. V.R. Sonambekar | Ongoing |
| 59 | 2018 | A comparative clinical evaluation of Triphala bhavit sutra with Apamarga kshar sutra in the management of Bhagandara w.s.r.t. Fistula-in Ano. | Mayuri Mane | P.G. SCHOLAR | Shalyatantra - Vd. Pankaj Dixit | Ongoing |

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| 60 | 2018 | A randomized controlled clinical study to evaluate the efficacy of Nimba Kshar Pratisaran in parikartika w.s.r.t. Fissure-in ano. | Yogesh sharma | P.G. SCHOLAR | Shalyatantra - Vd. Santosh Pathak | Ongoing |
| 61 | 2018 | Comparative clinical evaluation between vaman and virechana karma in the management of urdhvag amalapitta | Upase Priyanka Arun | P.G. SCHOLAR | Panchakarma - Vd. Savita Kulkarni | Completed |
| 62 | 2018 | Randomized controlled open label phase II trial of management of hypothyroidism with Vamana karma followed by Lekhan basti karma | Gupta Niraj Navalkumar | P.G. SCHOLAR | Panchakarma - Vd. Savita Kulkarni | Ongoing |
| 63 | 2018 | Parallel group Open label Phase II clinical study to evaluate the efficacy of Mashadi Taila Nasya and Anu taila Nasya in Manyastambha w.s.r.t. Cervical spondylosis | Borse Snehal Vijay | P.G. SCHOLAR | Panchakarma - Vd. Savita Kulkarni | Ongoing |
| 64 | 2018 | Evaluation Of A Polyherbal Formulation In The Management Of Diabetic Neuropathy w.s.r. to Prameha Updrava | Vd. Kumudini Sawale | Ph.D. SCHOLAR | Kayachikitsa - Vd. R. B. Kulkarni | Ongoing |
| 65 | 2018 | Evaluation Of A Polyherbal Formulation In The Management Of Diabetic Nephropathy w.s.r. to Prameha Updrava | Vd. Eknath Kulkarni | Ph.D. SCHOLAR | Kayachikitsa - Vd. R. B. Kulkarni | Ongoing |
| 66 | 2018 | Randomized, Controlled, Clinical Study to evaluate the efficacy of Pratham Trifala Rasayana as adjuvant therapy in Mutraghata with special reference to Chronic Renal Failure. | Vd.Sanjivani Rathod | Ph.D. SCHOLAR | Kayachikitsa - Vd. R. B. Kulkarni | Ongoing |
| 67 | 2018 | Prospective Single Arm Clinical Study To Evaluate Efficacy Of Ayurvedic Regimen In Anxiety In Working Women | Vd.Sameer Holkar | Ph.D. SCHOLAR | Kayachikitsa - Vd. R. B. Kulkarni | Ongoing |
| 68 | 2018 | Randomised Control Trial To Evaluate Efficacy Of Aragvadhadi Lepa Followed By Patolmooladi Kshaya Orally In Dadru w.s.r. to T.Carporis. | Vd.Prajakta Kulkarni | Ph.D. SCHOLAR | Kayachikitsa - Vd. R. B. Kulkarni | Ongoing |
| 69 | 2018 | "An observational study of krodh intensity in different manas prakriti individuals having smart phone addiction | Vd. Sonali Laxman Bagde | Ph.D. SCHOLAR | Kriya sharir - Vd. Laxmikant Joshi | Ongoing |

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| 70 | 2018 | Estimating- the proportion of madhumeha (type ii diabetes mellitus) among different prakriti at different part of maharashtra: a cross sectional study. | Vd.Jaykumar Sadashiv Ade | Ph.D. SCHOLAR | Kriya sharir - Vd. Laxmikant Joshi | Ongoing |
| 71 | 2018 | Comparative evaluation of anti-inflammatory activity of different dosage forms of nirgundi (vitex negundo linn.) In wistar rats | Vd.Shweta Shyamshunder Telang | Ph.D. SCHOLAR | Rasashastra - Vd.Shishir P Pande | Ongoing |
| 72 | 2018 | Edition and critical study of manuscripts of 'dhaturnamala', a rasashastra text | Vd.Devdatta Arun Deshmukh | Ph.D. SCHOLAR | Rasashastra - Vd.Shishir P Pande | Ongoing |
| 73 | 2018 | Formulation, process validation and comparative preclinical evaluation of kukkutanndwak bhasm with standard oral calcium supplement | Vd.Avinash Devidas Jagtap | Ph.D. SCHOLAR | Rasashastra - Vd.Shishir P Pande | Ongoing |
| 74 | 2018 | Chronic toxicity study of ras sindoor in albino rats | Vd.Bhushan Bapusaheb Mogal | Ph.D. SCHOLAR | Agad Tantra - Vd.Abhay H Patkar | Ongoing |
| 75 | 2018 | Evaluation of efficacy of charakokta ksharagad by open labelled randomized controlled clinical trial in the management of pandu (iron deficiency anemia) in municipality school going adolescents in amravati city. | Vd.Krantikumar Dadarao Amaley | Ph.D. SCHOLAR | Agad Tantra - Vd.Abhay H Patkar | Ongoing |
| 76 | 2018 | In vitro and in vivo study of bilwadi agada w.s.r. to its antioxidant and immunomodulatory activity | Vd.Uday Venkatrao Pawade | Ph.D. SCHOLAR | Agad Tantra - Vd.Abhay H Patkar | Ongoing |